Theme: Conversations on Well-Being
Abstract: Full Paper

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Outline of Paper:

I discuss an experimental transdisciplinary series of ten interviews, conducted as part of practice-based doctoral research with pervasive media. My creative works invite community engagement through participatory media art and experience of landscape, considered in relation to well-being as ‘eudemonia’ (human flourishing in context).

The interviews were designed to extend the potential application of the research, by exploring processes of creative engagement, used by practitioners of other disciplines, with their own topic and ‘audience’.

The interview methodology draws on the ethos and methods of clinical psychologist David Grove’s ‘Clean Language’, the subsequent development of Symbolic Modelling (Tompkins, Lawley) and increased accessibility to Grove’s work (Sullivan, Rees). ‘Clean’ is used worldwide in fields including coaching, marketing, healthcare and education. It has recently been trialed in academic research in business, coaching, computing and the arts.

Interviewees were invited to begin with sketching a metaphor for their research/practice interest. Themes of space, presence, community and iteration in the work were modeled and compared across practices.

Findings include:
participant response to the interview methodology,
application in individual fields (eg. publication),
a discussion on the flexibility, constraints and potential of ‘Clean’ in research interviews,
the study’s contribution to the thesis,
a methodology for modelling well-being.

200 words